



Youth Ministries of the ELCA

Create your own Prayer Stool

Tools and Materials Needed

3 pieces of pine board, 2 cm (3/4 in) thick

6 wood screws

screwdriver

This stool is a reasonable height for a six-foot tall person (182 cm). If you are taller or shorter, you should make the stool legs higher or lower. Someone who is 5 feet tall (152 cm) might want to make the legs of the stool 3/4 of an inch (2 cm) shorter. You can always make the legs shorter if the stool is too high, or use a cushion to raise your height a little if the stool is too low.

