

Kind Heart

Thus says the LORD of hosts: Render true judgments, show kindness and mercy each to one another. Zechariah 7:9

Most of us want to be described as smart, wise, astute, and perhaps even strong; being described as kind can be seen as weak. Kindness is often seen as a feminine, malleable attribute, when in fact God intends us all to live with the force of kindness active in our lives and our relationships. Kindness enriches the heart of both the giver and receiver.

Our own experience with kindness reminds us of how important kindness is to any approach we might take toward building community or bringing healing and wholeness to ourselves, our communities, our church, and our world. Kindness causes our hearts to overflow. Kindness moves the human soul to action. We can all choose kindness for ourselves and the world. Let us develop hearts filled with kindness.

Take at least one, and as many as three, “Sister Kindness Certificates” to share yourself through kindness. Plan to use at least one of these certificates while you are here, and plan to use one once you return home. May you walk in kindness.